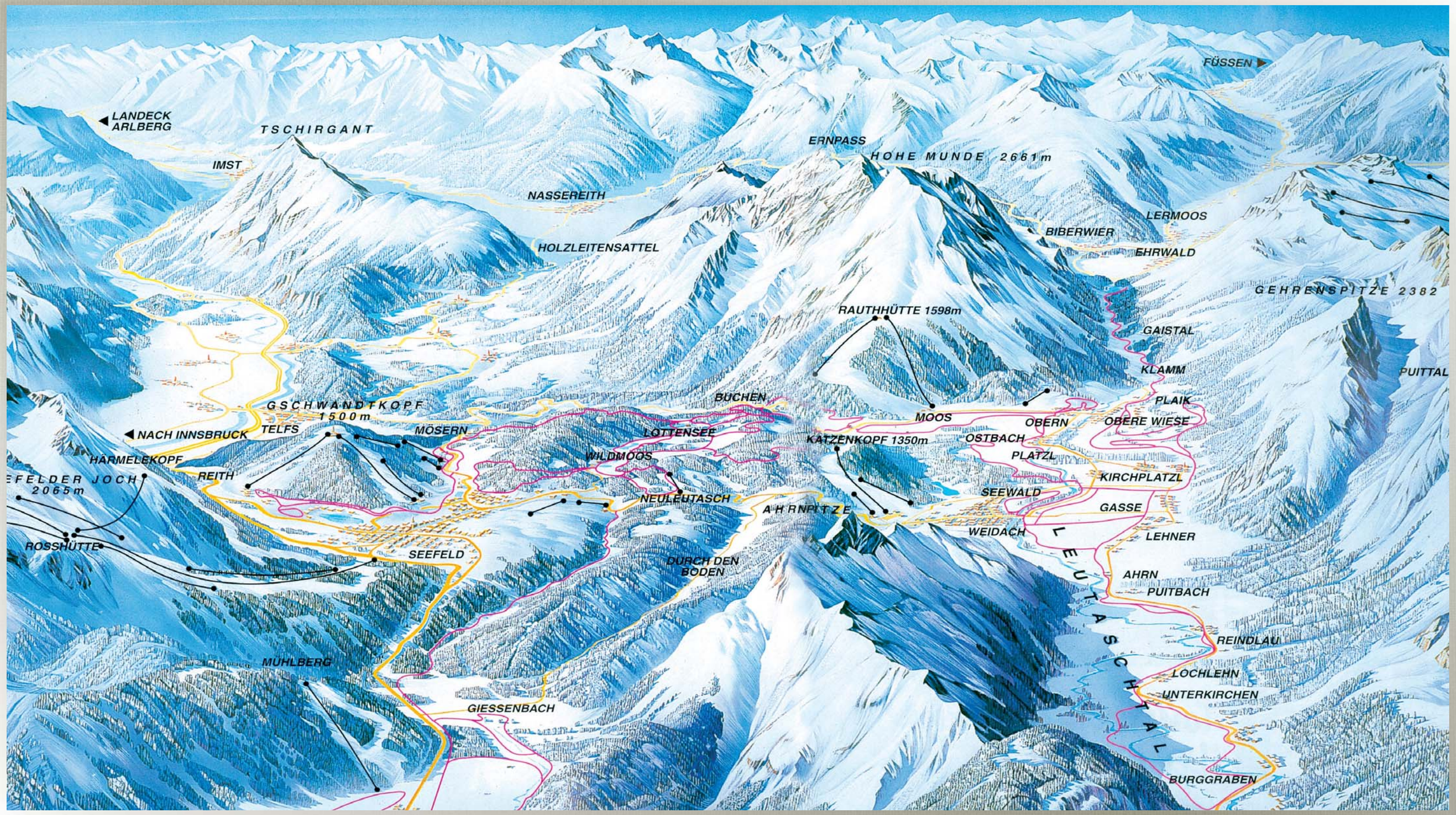Downhill runs